

I AM MY
CHAKRAS

TESSILA FAITH

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I dedicate this book to my children, Wyatt and Lizzy.

You are my entire world, and I love you so, so much.

May you realize who and what you are, and may you realize the power you hold within yourself.

I want you to live the happy and abundant lives you deserve.

INTRODUCTION

I created and manifested this book thinking of my own two beautiful children.

I believe it to be very important to teach a child of their self-worth and inner strength from a very early age.

After all, should they carry on these beliefs that healing starts in their own minds, they will bring about the most change.

As a healer, I wanted my children to learn about and understand how the energy centers worked.

They need to be taught that it is imperative in a world of negativity, how COLOR can and will affect them.

Not only that but how WORDS, in daily life, impact the balance of their well-being.

Quite frankly, whether your child reads this book or hears you reading it, it is all based on repetition and continual visual stimulation.

All who read this book will learn that I purposely picked all aspects of this book; each piece working in harmony for a lasting healing effect.

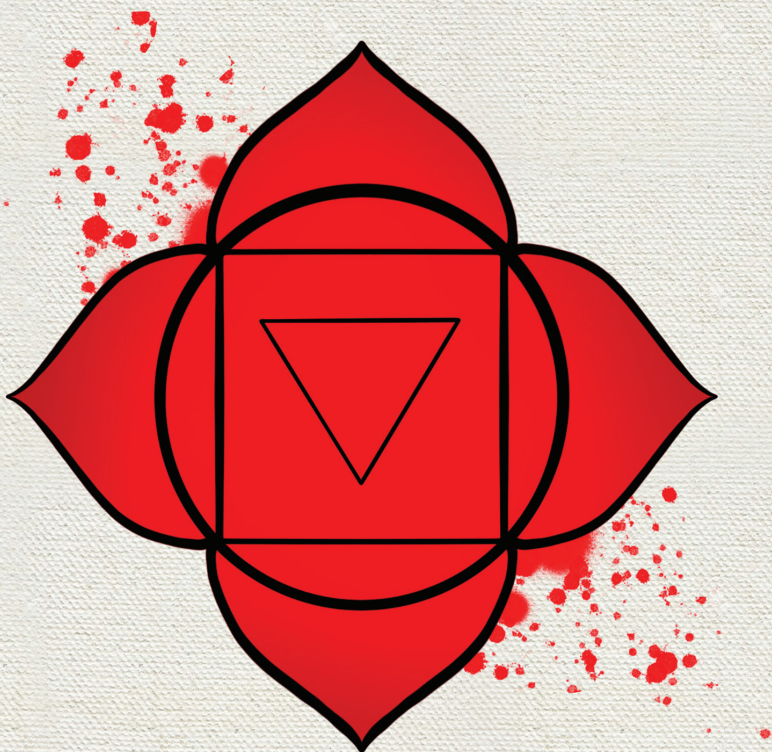
1. The color splotches on the child silhouette show the direct placement of a specific Chakra.
2. The mandala chakra located to the right of the book exaggerates the visual attempt to bring balance. Color stimulants create a healing effect whether you choose to look at or wear that color.
3. The statements were picked for the most impact and are to be used repetitively as affirmations. These are used to program and perhaps reprogram the subconscious mind over time. Also helping to bring balance to the correlating chakras. Even if your child never reads the words, hearing the statement “I AM ——” has the same effect.
4. As you can see, the book starts off with red and moves through the rainbow spectrum to the beautiful light violet. It is important to heal from the root chakra first and move the energy up to the crown. The base must be cleaned and balanced before expecting the others to follow. Now when I conduct healings, I pull in energy from source, moving from the crown, at the head, to the ground, which is located at the foot. It is the proper way to cleanse, so I have learned although others may disagree. Clairvoyantly, I also see the chakra colors differently than your usual psychic, so you’ll notice how my book colors reflect that.

In reality, it doesn't matter how you or I perceive what we pick up psychically. It's all based on intent and how our intuition guides us.

Intent is everything.

In a world where we are taught that such things that are not seen, are not real, we have the advantage to teach them the power of their own minds.





I AM SAFE





I AM
CREATIVE



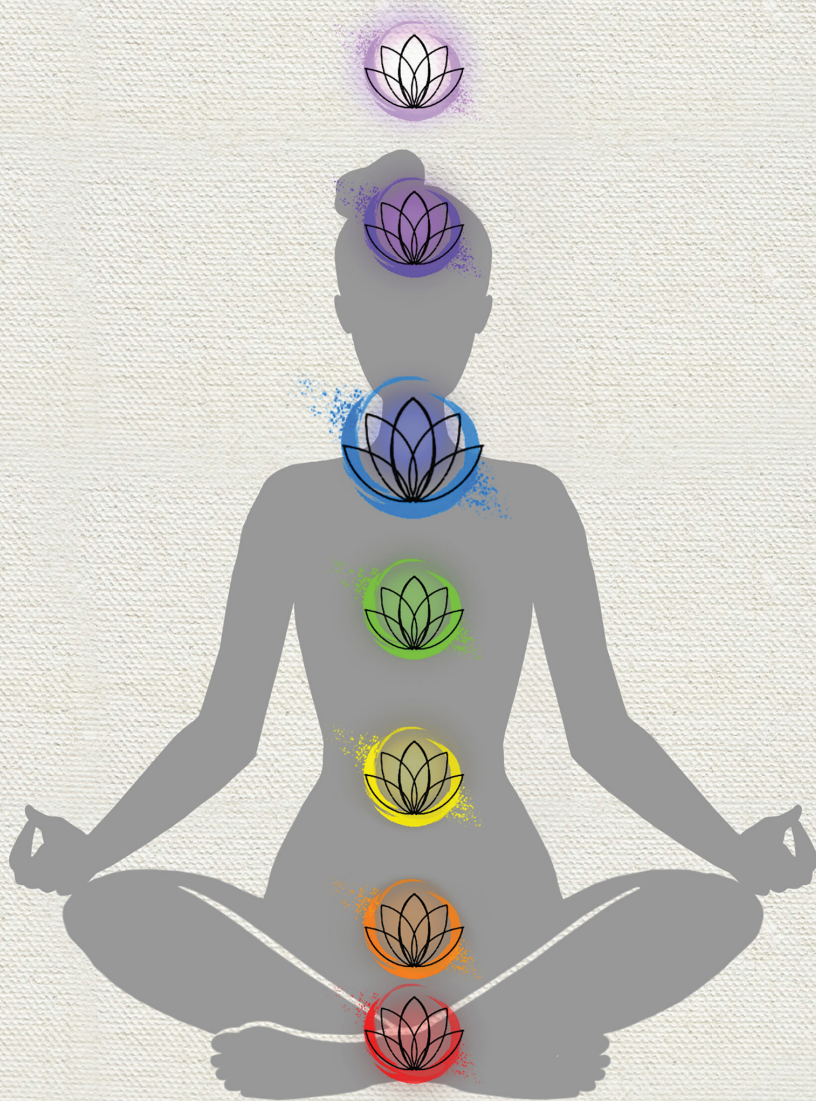


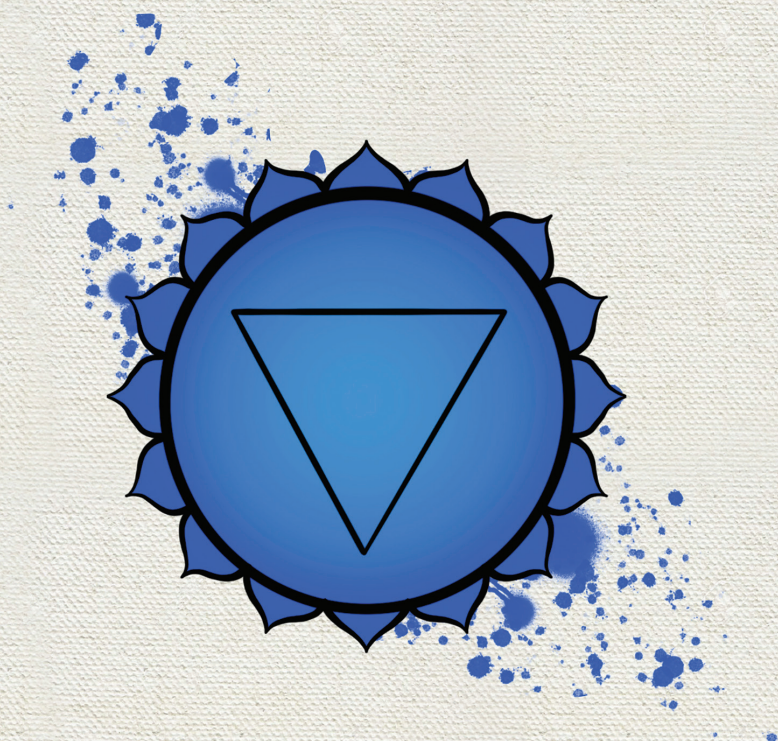
I AM STRONG



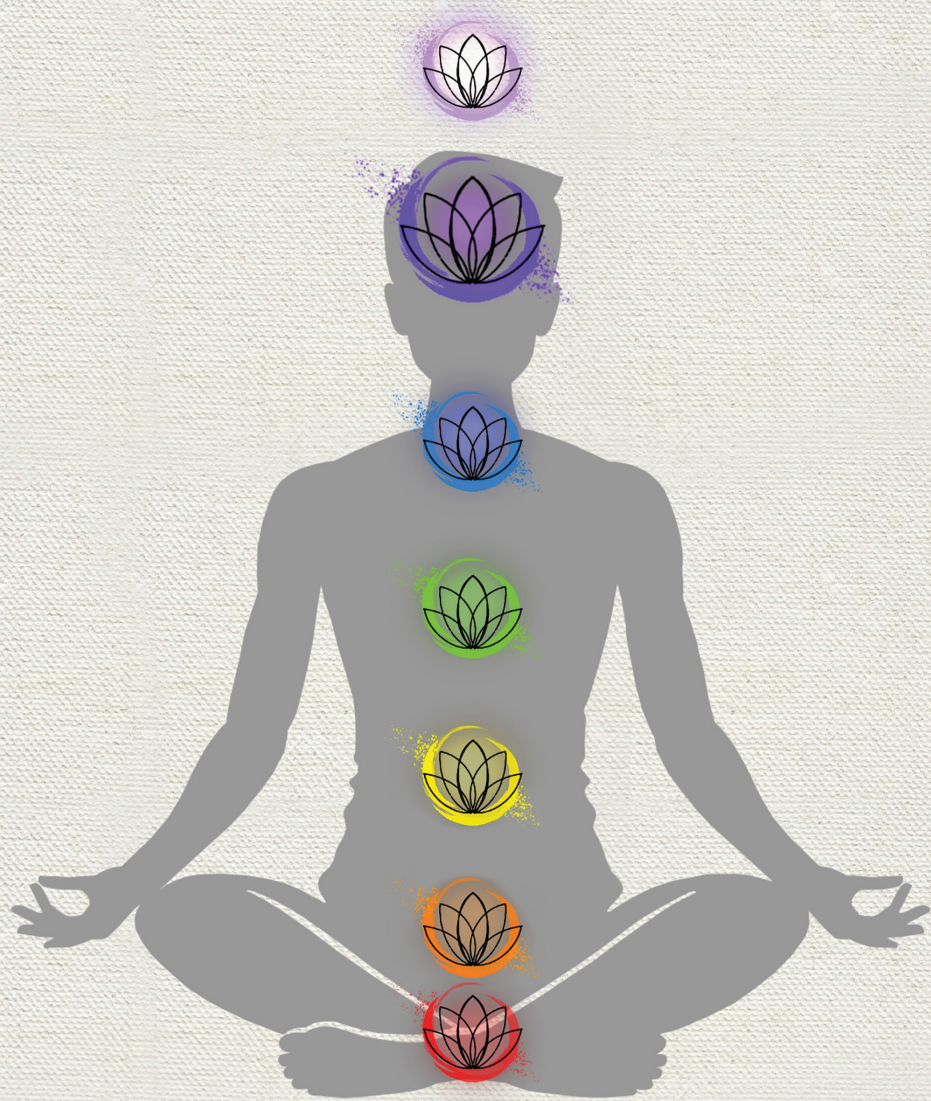


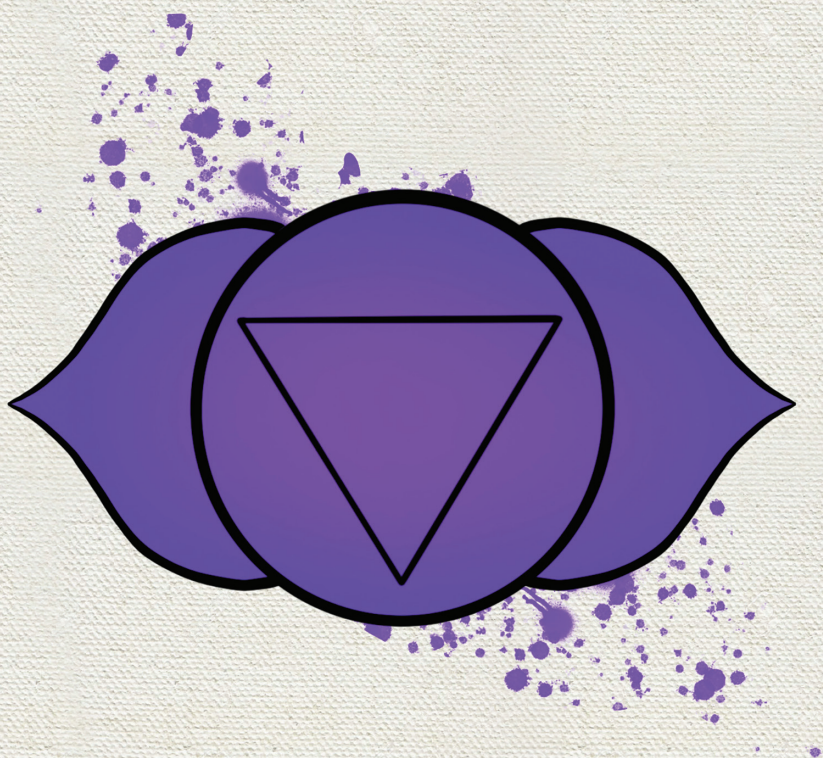
I AM LOVED





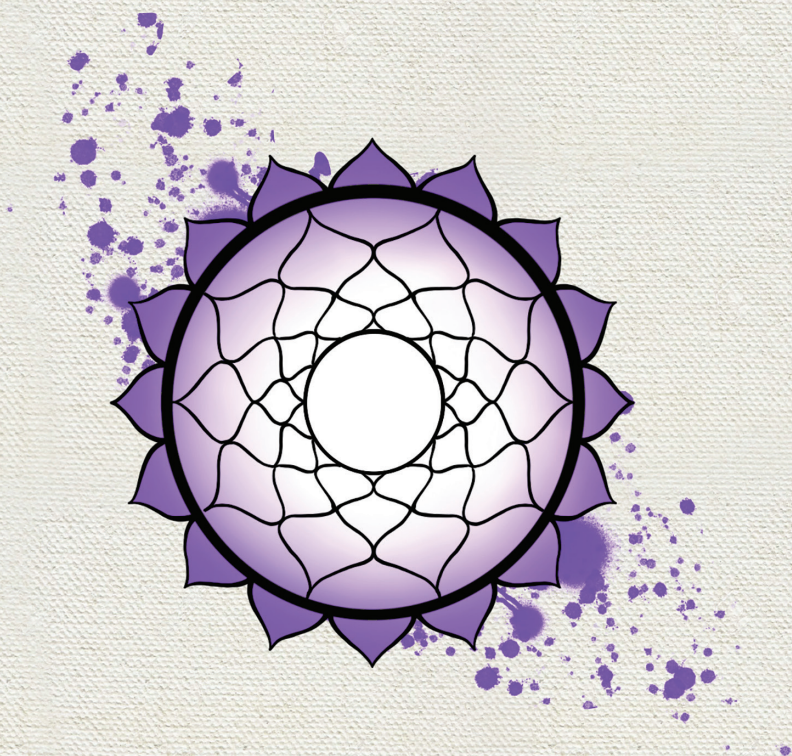
I AM HONEST





I AM
INTUITIVE





I AM
GOD'S
CREATION

ABOUT THE AUTHOR

Tessila is originally from Oregon having migrated to the East Coast when she enlisted into the United States Marine Corps.

She worked at an Aviation unit most of her time in, which set her up for success for the civilian aviation world.

She works on helicopters as a mechanic currently but aims to eventually set it aside to follow her dreams of being a full-time healer, writer, and motivational speaker.

She was a gifted healer as a child, and internally she knew she was special. Life took its turns and it took her a while to come back to herself. After allowing the healing to take place that was needed, she found her Passion. Bringing Healing to others.

Once she figured out how to find lasting healing through the subconscious mind, in an instant, it has been her life's Purpose to impact the world with her message.

It's her goal to show others how to find the same healing and Love she did through her own Journey.

Should you want to discover more of her life and work, check out her:

YouTube - Think.Align.Manifest.

Facebook - Journey To Yahweh

Instagram - journey.to.yahweh